



Cathy Harris

“When They Fired Me, God Hired Me!”

Seminars & Workshops

Titles and Descriptions

1. How To Start Your Own Business

This seminar/workshop is a beginner's business and marketing workshop to get participants thinking about entrepreneurship. Participants will be provided relevant links and information on how to conduct research for a potential business; a questionnaire to see if you have what it takes to become an entrepreneur; how to write a business plan; how to find financing for your business including angel and private investors; a list of business deductions; how to set up the legal structure of a business; a checklist for a professional website; free and low-cost marketing tips; and a list of top mistakes made by new businesses. Addition to the workshop one-on-one consulting is available.

2. How To Deal with Workplace Issues

The seminar/workshop is for participants who would like to build more productive working relationships in the workplace. Participants will learn what actions to take if they are terminated or laid off due to the current economy or other workplace issues such as discrimination - including sex & race discrimination, sexism, sexual harassment, stalking, intimidation and workplace violence. The workshop will provide options to filing litigation.

3. How to Write a Book & Market it Successfully

This seminar/workshop is for anyone who has a story to tell. The participants will receive training on how to “self-publish” successfully and market their own book. The training will also include the top 6 ways to publish a book; how to open your own publishing company; how to become a ghostwriter and top 25 other careers in the publishing industry (editors, proofreaders, typesetters, etc.) Addition to the workshop one-on-one consulting is available.

4. How to Interact Safely with Law Enforcement Officers and form Civilian Review Boards

This seminar/workshop provides safe steps to take when you interact with local, state or federal law enforcement officers. Participants will learn how to file complaints if they are violated by law enforcement officers; how to obtain an attorney to notice their cases; how to form criminal justice coalitions and civilian review boards to bring accountability into these departments.