



Cathy Harris BIO

Motivational Speaker, Business Consultant, Columnist,
Seminar and Workshop Trainer, Internet Radio Host,
Founder of How To Take Control Book Series

Cathy Harris is a high-energy international speaker, author, and consultant.

Before embarking on a writing, speaking and a consulting career, she was a Senior Customs Inspector for 20 years with Customs and Border Protection.

Her life-altering decision to become a federal whistleblower in 1999 and challenge such a large bureaucracy and expose the demoralizing and demeaning strip-searches against international travelers particularly African American women - has made an extraordinary impact on many whose lives she has touched.

She has become all things to all people outside of her family circle. As a courageous advocate for justice, she is a woman who is in the business of uplifting and empowering her community.

Her strong sense of justice and bold stance has caused her to go into uncharted territories where she is helping others transcend boundaries and create options.

She unselfishly shares her experiences, skills and knowledge while inspiring her audiences to tap into their own strength, passion and purpose.

Cathy is a wealth of knowledge when it comes to moving forward. Known for her guerilla marketing style by means of forums, radio interviews, e-broadcasts, web postings and newsletters, Cathy comes full circle with the release of her series book "How to Take Control of Your Own Life." Her series book has been referred to as a pocket-sized encyclopedia or a mini-Webster's dictionary.

She has honed the ability to captivate audiences with her visionary, honest, and sincere approach to inspire and leave them with permanent life changing tools, from within themselves.

Because of her vast enthusiasm for life and in helping others, she works hard to be the right fit for each client's individual wants and needs so they can surmount every obstacle that stands between them and live a more fulfilling existence.

Cathy's story was highlighted in these media entities: Oprah Oxygen Cable Company, BET with Tavis Smiley, Lifetime T.V. with Erin Brockovich, CNN, C-Span, Essence Magazine, Jet Magazine, Ebony Magazine, Black Enterprise, Source Magazine, Upscale Magazine, Glamour Magazine, Final Call Newspapers, High Times, Rolling Out, Publishers Weekly, USA Today, Associated Press, New York Times, Washington Post, Washington Times, Los Angeles Times, Miami Times, Oakland Tribune, Associated Press, Caribbean Express, African Quest, Mundo Hispanico, Muslim American Society, etc.